STOP

Students Taking an Opposite Path

<u>Program Overview</u>

- o 6 weeks
- Every Tuesday @ Highland High School from 6:30 p.m. 8:00 p.m.
- o Maximum 12 students, minimum 6 students

• <u>6 Sessions Topic Ideas</u>

- o Getting to Know Me/How I Got Here
- Why You Don't Understand Me
- 0 My Behavior/Decision-making/Peer Pressure and Positive Peer Influence
- o Emotional Health
- Substance Abuse Overview/Overview of Addiction Difference between drug abuse and drug dependence
- o Addiction and Families

Program Dates:

- o <u>Session I</u>- November 7, 2017
 - 11/7, 11/14, 11/21, 11/28, 12/5, and 12/12. (Make-up date 12/19)
- o Session II- January 23, 2017
 - 1/23, 1/30, 2/6, 2/13, 2/20, 2/27. (Make-up date 3/6)
- o Session III- April 17, 2017
 - 4/17, 4/24, 5/1, 5/8, 5/15, 5/22. (Make-up date 5/29)